

Parish Magazine

Serving the Church Communities of Puddletown, Tolpuddle, Milborne St Andrew
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This month's cover photo: The return of Go Fourth at St John's, Tolpuddle was a joyous occasion with plenty of music from the band even if the congregation weren't allowed to sing! It was lovely to be back and hear the music. Photo by Hilly Cobban.

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WELCOME TO OUR PARISH MAGAZINE -

Welcome to those of you who may not generally read a copy of our monthly Parish Magazine.

It has been in existence for many years, for the Benefice areas of Puddletown, Tolpuddle, Milborne St. Andrew and Dewlish, and its purpose is to cover aspects of Church, Community and Country life.

We hope you enjoy looking through this slightly shorter on-line version, and whether it is reading an article sent in from a contributor or checking out the various advertisements, we hope you will read us again in the future!

If you have a story to tell which readers may like to read - our Editors details can be found on page 3. Get in touch!

PARISH MAGAZINE WORKING GROUP

Intercessors		Scripture Readers
6th	Cynthia Metcalfe	TBA
13th	Family Service Team	
20th	Dawn Loveless	Shirley Parker
27th	TBA	TBA & Judy Bumby
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<i>Please give prayerfully and generously</i>		
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Easter Day		The Salvation Army (Homeless)
Harvest		R.A.B.I . And Water Aid
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Days of thanksgiving

Four hundred years ago this month, a group of devout Christians, now known as the Pilgrim Fathers, left Plymouth in Devon to sail to the New World in search of a better life and more religious freedom. It was a treacherous journey aboard their ship, the *Mayflower*, but eventually they did make it to the shores of what we now know as the United States of America.

The first few years were hard ones, and, without the support of the local native people, they would all surely have perished. Somehow, in the midst of all their trials and tribulations, these people never lost hope, and remained thankful to God for all their blessings.

Although some dispute the truth of this, most Americans trace the origin of their annual Thanksgiving Day gatherings in November to the celebrations that these settlers shared with the indigenous peoples who helped them after their first harvest. Around half of those who set sail from Plymouth had died, but the survivors managed to remain thankful to God for what they had, even in the midst of deep sadness and difficulty.

There has been much to lament over the past few months, so many people have lost so much. There has been a right and proper tradition of lament through the Jewish and Christian traditions – just read some of the Psalms, if you're not sure what I mean. Lament gives us a language in which to communicate our pain.

But alongside lament, there has also always been a tradition of hope, even in the bleakest circumstances. It is this hope that enables people in the midst of the most horrendous situations to find things to be thankful for, that enabled the first Settlers to celebrate their harvest even though so many of those who travelled to the New World with them had died, and those still alive had had a really tough time getting through the winter.

Holding lament and thanksgiving alongside each other enables us to acknowledge our pain without becoming too self-centred and immersed in victimhood, while ensuring that there is hope for the future and that not everything is completely bleak.

In these difficult and changing times, as we prepare to celebrate our own Harvest Festival, let us, with the Pilgrim Fathers, pause and be thankful to God that there is always something worthy of our gratitude, even in the darkest times.

Best wishes
Sarah

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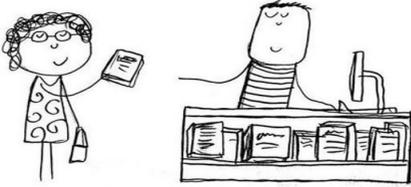
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We can only accept paperback books, which are in good condition.

Puddletown Weather

Site location (GPS): N 50° 44.937' W 2° 20.862' altitude 88.39 metres (somewhat sheltered from easterly winds)

July 2020		
	Rainfall for the month	30.60 mm
	Cumulative for the year	477.90 mm
	2019 Rainfall for the month	33.00 mm
	2019 Cumulative for the year	398.70 mm
	Temperatures	Max. 28.90° C Min. 7.20° C
	2019	Max 35.10° C Min 7.80° C
	Maximum wind speed	15.20 mph
	2019	12.10 mph

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TOWER NEWS—PUDDLETOWN

At the end of July, Robin, Nigel and Emma set to work in the church tower at Puddletown, removing the clappers from all the bells and the ropes and stays from the 5th and 6th bells ready to enable Taylor's bell foundry at Loughborough to make a start with the restoration of our church bells.



Anthony and Kit from the bell foundry visited for 3 days at the beginning of August and started on the hard work!

The heavy clappers were taken down the narrow winding staircase to the ground floor. The trap door in the clock room was opened, and wooden panels were removed from the floors/ceilings either side of the bell chamber and clock room, and the pendulum room and ringing chamber.



This meant that large heavy planks of wood could be lifted through at the beginning of the week, into the bell chamber, to make a beam to raise the 5th and 6th bell with chains.

The wheels from the 2 bells were taken off in 2 parts. The wheel from the 5th bell could be taken down the staircase, but the wheel from the 6th was too big! Luckily it fitted upwards round the corner to the roof of the tower, where it was lowered by ropes to the ground.



The 2 large bells were now rested on some wooden beams as they were no longer hung as they should be.



The headstocks were removed and lowered to the ground floor through the gaps that had been made down through the tower.

Continued on Page 13

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The clappers, wheels, and headstocks were put into the vans on Tuesday afternoon, and a metal ring sealed to the top of each of the largest bells. On Wednesday these rings were filled with resin, to form a flat top to the bells so that the new headstocks fit properly.

The restored clappers, wheels, and 2 new headstocks should be returned during September or October this year, and re-installed.



After a 5 month break from ringing due to covid-19, I certainly hope our bells can be restored quickly and ringing can resume... after all, my bell ringing blisters have long healed!

Emma Hughes



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Puddletown Area Parish Council

The Parish Council is currently meeting remotely on the second Tuesday of each month in order to comply with current government guidance. These meetings are still open to members of the public and information about how to join the meeting is included at the bottom of each agenda. Any member of the public wishing to raise an issue or make representations relating to an agenda item will be given the opportunity to participate. Alternatively, any comments can be emailed to the Clerk in advance of the meeting at puddletown@dorset-aptc.gov.uk.

At its August meeting the Council noted the resignation of Councillor Sylvia Salcedo who has made an invaluable contribution to the Parish Council over the last year and who will be missed. Her work has included steering the council to communicate more effectively with local residents and more recently leading the Community Projects group through discussions about developing our public spaces.

The Council also had the pleasure of warmly welcoming a new co-opted member, Councillor Peter Redman. There are still vacancies in all four parishes. No experience or qualification is required, you just need to be willing to offer a little time to make your community a better place for everyone who lives here. Anyone interested in becoming a Parish Councillor should contact the Clerk for further information about the role.

The Parish Council has been made aware of concerned residents who do not wish for the IRONMAN event to go ahead this year in light of the current pandemic. Councillors have all agreed that the risk to our community, particularly given the large percentage of our population who are more vulnerable to the virus, is just too great to ignore. The Council has written to Dorset Council to make clear that they object to the event going ahead. It is understood that Dorset Council are meeting this week to discuss this and decide whether or not to close roads to allow the event to proceed.

Puddletown particularly has seen a small increase in crime and antisocial behaviour in the last couple of months. Dorset Police have asked anyone who witnesses an incident or the aftermath of such, to please make a report to Dorset Police. There have been occasions where someone has taken the time to post details on the community Facebook page, but the Police were not contacted. You can report crimes by email or through the Dorset Police website if you would prefer not to phone. Please see www.dorset.police.uk/do-it-online/ for further details. Our PCSO has also said that people can report suspicious activity such as cars parked at the recreation ground extremely late at night. The Police will try to investigate if they have an officer available, if not then they may be able to spot patterns and patrol at appropriate times. Any information such as car registration numbers would always be appreciated though members of the public are warned not to put themselves at any risk in an attempt to collect information or evidence.

Continued on Page 17



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The regulation 16 consultation for the Puddletown Neighbourhood plan has now ended. We are awaiting the inspection of an independent external examiner, after which, we can start making plans for the referendum which is expected to be held in May next year unless current restrictions are relaxed. We appreciate that this has been a long process but your continued support is crucial to having the Neighbourhood Plan made, and safeguarding the community against excessive and unsuitable development, particularly given recent government decisions to relax planning rules.

A toilet on the outside of the Pavilion has now been made available for public use during the day, up until the end of the October half term. The Parish Council has arranged for this to be cleaned daily but precautions should still be taken when using this facility. We are only able to provide this facility if it is used respectfully. Please use the bins provided and try to leave the toilet in the same condition that you find it in.

The next Parish Council meeting will be on the 8th September. Please see the Parish Council website or noticeboard for the agenda which will be available from the 4th September.

Your face mask and your dog



Face masks have been a big adjustment for all of us, but dogs especially may be struggling, warns the animal charity, Dogs Trust.

Dogs use our facial expressions to tell how we are feeling, so if they suddenly encounter people whose faces are covered, they could become confused, stressed, and even feel threatened.

Their confusion may lead to a loss of obedience and cooperation with you.

Here is how to get your dog used to you wearing a face mask:

Hold your hand over your face for a moment, speak reassuringly to your dog, and then reward him.

Introduce your dog to your face mask, let him sniff it and let him see you put it up to your face, and then down again. Reward him.

Put it on for a moment. Reassure and reward him.

Put it on and move about the room, while reassuring him. Reward him.

Gradually build up the length of time that you wear the face mask around him. Keep reassuring him. Reward him.

Expect that he may not be so quick to understand and obey you when you are wearing the mask – be patient.

Don't take him into public places where many people are wearing masks, unless you absolutely have to do so. It could be very stressful for him.

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With the arrival of autumn and lots of windfalls, fruit crumbles become a firm favourite in our house. This one does not use flour and can be made suitable for vegans by substituting the butter for coconut oil. The crumble topping goes with a huge variety of fillings eg. peaches, blackberries, pears, cherries, plums - whatever you fancy.

APPLE CRUMBLE

Ingredients:

Filling: 500g cooking apple, 1/4 teaspoon cinnamon
(I also use fruit that I have already stewed)

Topping:

70g porridge oats
40g ground almonds
30g chopped dates
60g butter
30g soft brown sugar

Method:

Heat the oven to 180C/350F/gas mark 4. Peel, core and chop the apples, sprinkle over the cinnamon and mix. Place the apple mixture in a deep pie dish - the one I use measures 9 x 6 1/2 x 3 inches (23 x 16 x 6cm).

Put the oats, ground almonds and sugar in a basin and rub in the butter until they resemble breadcrumbs. Add the chopped dates and mix well.

Put the crumble mix on to the fruit and bake for approximately 35 minutes.



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MEMORIAL MASONRY

A Month on the Farm - September

The Harvest has really gone on well with dry and rather hot weather to keep the combine going which has been followed by the balers out across the fields. The very hot sunshine did make for very dusty working conditions and with it the slight fear of possible over heating of equipment, which after a combine's fire last year, has made us more wary of conditions, with fire extinguishers on all trailers, balers and the combine, thankfully none have been used, yet!

Yields have been good overall, although down on the lighter soils and on the clay cap patches over chalk, but considering the warm dry spring after a very wet winter final results are looking good. Prices also at the moment looking promising, but with little international grain movements at the moment and our trade relying on some export, it is the value of the pound that will possibly have the most effect. The malting barley market is pretty flat, only a small premium over feed barley, due in part to the hospitality sector having shut down and the consumption of beer and lager dropping, so the stores are still full of barley so the knock on continues.

The intense heat causes problems with the grain being too hot when coming into the grain store from the field, so we have to very quickly try to cool it with air blown through the heaps of grain, difficult when it is still so hot outside.

The heat and lack of rain also had a big impact on the lack of grass growth, meaning feeds stocks may be short coming into the winter, because we have already been feeding some of our stocks of feed to cattle to keep them in good condition for the on set of winter and for autumn markets.

Harvest has now come to an abrupt halt as we have had approximately four inches of rain in the last ten days, knocking the spring barley down and the heads to the ground and some germinating in the ear.

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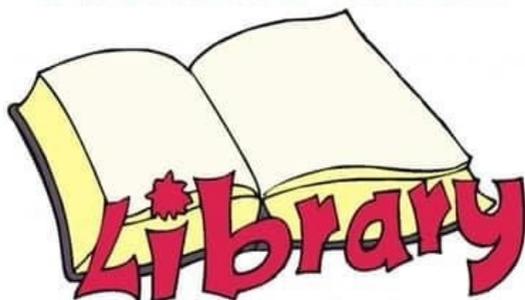


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August Wordsearch—The Answers

25 words were hidden, in the grid— how many did you find?

Here are the answers:-

Transfiguration, Jesus; mountain; Tabor; Hermon; Caesarea; Philippi; high; shine; face; cloud; transformed; white; dazzling; Elijah; Moses; dwelling; mankind; Law; Prophets; Peter; James; John; fear; glory



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CLERGY	The Revd Sarah Hillman (Vicar)	01305 848 784
	Sarah.c.hillman@outlook.com	
RETIRED CLERGY	Rosie Coldwell	01258 839 214
	The Revd Sue Turner	07775 710 429
CHURCHWARDENS	Vacancy (Puddletown)	
	Vacancy (Puddletown)	
	Hilly Cobban (Tolpuddle)	01305 848 552
	Julie Bonner (Tolpuddle)	01305 848 027
	Pam Shults (Milborne St Andrew)	01258 837 203
	Vacancy	
	Sue Britton (Dewlish)	01258 837 218
	Jim Burg (Dewlish)	01258 837 466
BENEFICE OFFICE	Emma Hughes	01305 849 039
(www.puddletownbenefice.org)	puddletownbenefice@outlook.com	
PUDDLETOWN CONTACTS		
Alcoholics Anonymous	Alcoholics Anonymous	
Area Parish Council	Peter Churchill	01305 849292
	Email:peter.churchill.gooner@gmail.com	07407 235798
Area Parish Clerk	Mrs A Bendall	01305 849 596
	puddletown@dorset-aptc.gov.uk	
Bell Ringers	Robin Mears	01305 848 021
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Footpaths & Rights of Way	Phil Drake	01305 848560
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PCC Treasurer	Bob Todd	01305 849 048
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PCC Secretary	Jayne Brayshaw	01305 849 314
PCC Treasurer	John Taylor	01305 848 552
Streetfair	Annette Pitman	01305 848 219
Tolpuddle Home Group	Simon Dodd	01305 848 171
Tolpuddle Old Chapel Trust	tolpud- dleoctrust@btinternet.com	tolpuddleoctrust@btinternet.com
Tolpuddle Toddler Group	Maria Palmer	07717 506020
Tolpuddle Village Meeting	Julia Johnstone, Clerk.	tolpuddlemeeting@yahoo.com
Tolpuddle Village Show	Jo Austwick	austwickjoanne@gmail.com.
Village Hall Bookings Sec.	Diana Foreman	01305 848 419
Village Hall Chairman	Peter Walton - pdwal- ton@btinternet.com	01305 848 034
Whist Drive	Diana Foreman	01305 848 419
Yoga (Iyengar)	Sue Chapman	01305 848 053
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	Alison Riddle (Bookings)	01258 837 148
Wednesday Social Club	Sheila Burton	01258 839 033
Women's Institute	Lesley Clarke	01929 471 732
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St John's Church, Tolpuddle

Another month goes by and the church is gradually opening up- according to government guidelines.

We are now having regular services, be they a little different- we have a "meeter and greeter" who takes details for contact tracing – and then you are shown to your seat, which is at a safe

distance from anyone else. We seem to be able to accommodate about 35 people and this week (August 23rd) we even had room for the band. The congregation is not allowed to sing but a small group of professional and non professional singers can sing along. Otherwise we have taped music, sensitively chosen by Sarah - thank goodness for our new music system! We now have to wear masks unless we are doing a reading or intercessions. Yes it is all very difficult and different but it is so wonderful to have some services actually in the church that we comply and recognize it as the new way. Meanwhile the church is open Wednesday and Sunday for private prayer.

At the moment Sarah is continuing with her on-line services as well but pressure of work might make this untenable, particularly when schools open again - as we all hope very much that they will.

This whole pandemic has made a huge dent in the church finances - as we have not been able to do any fundraising. We have received the results of the quinquennial which we will be studying over the next few months and discussion will continue with the PCC. We are aware that it will have raised a few issues but as we have no further funds available not immediate action can be taken.

St John's will be holding its Annual General Meeting on **Wednesday October 7th at 7.30 in the church-** at which point the churchwarden and other officers will be elected. Do contact Jayne Brayshaw on jayne.harris9@tiscali.co.uk if you are interested in offering some more practical help to our ailing church. We are very grateful to all our volunteers who have been giving of their time to prepare the church for use, to Marion for her glorious flower arrangements and to the garden team who have now been joined by Fiona and have cleared the front wall so assiduously. The Churchyard has been a picture with all the wild flowers.

At a recent Church wardens meeting we spent some time preparing for Harvest and Christmas - which are not going to be easy to organize if social distancing is still the norm. However the Harvest Festival will be on **October 4th at 9.30am**, Carol Services probably **Sunday December 13th** and the Crib Services **Wednesday December 23rd**.

Continued on Page 33

ALEX FROST & JOHN BUTLER



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However we do have one event in our calendar- **Ride and Stride on Saturday September 12th**- John and I are cycling along with our grandchildren- we would be very grateful for any sponsorship for this- please do look at my Just Giving Page- www.justgiving.com/fundraising/TolpuddleStJohnsHLC or of course cash is equally welcome.

Hilly & Julie

Cutting my carbon footprint – Food

Food is not an easy one – you can't reduce your food intake and yet it accounts for a quarter of the world's greenhouse gas emissions. Food is rarely labeled with its carbon footprint – the only one I know is Oatly (440g CO₂ for each kilo). With a lack of information, it's difficult to know what to do.

For years now I have mainly eaten as much organic as availability and finances allow. This has been because of the effect of agrochemicals on our environment and I also prefer to limit my intake of man-made chemicals (there speaks a chemist). But is organic better for my carbon footprint? Well there is no fertilizer to be mined/produced and transported and the soil retains more carbon with organic farming. But, as always, it's more complicated: productivity is lower, and that extra land could be used to grow trees. I am continuing with the organic.

With the lack of carbon footprint labeling, I tried to find out which alternatives are best. For example, is it best to buy dried or tinned beans (chick peas, kidney beans etc). Tinned beans use more energy in packaging and transport but probably about a tenth of the cooking energy compared to at home – making them the clear winner. Does the same apply to ready meals which probably also use up the wonky vegetables? I have no idea. I try not to become obsessive!

We have all heard that we will need to eat less meat in the future – that was probably going to happen even without the climate emergency as meat takes around 15 – 20 times as much land for the same amount of nutrition compared to beans. And as Mark Twain said about land: 'they're not making it anymore'. Not all meat is the same – it takes seven times as much energy to produce a kilo of beef compared to a kilo of chicken – an amazing 70kWh which is enough to drive my car to Liverpool! It also uses a lot of water and cows give off methane, a very powerful greenhouse gas.

I haven't stopped eating meat, but now only eat good quality local meat (where possible) as a luxury around three to four times a month. Lamb/beef from grass fed animals is far better than those (even organic) fed on soya/corn shipped here from the Americas. A lot of the UK grassland is too poor for other crops and the animals fertilize the land putting back some carbon – even so, the carbon emissions are higher than for other foods.



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I have also cut down my dairy consumption – I was probably eating far too much cheese anyway. For cooking I use milk alternatives (oat and hemp milks have the lowest emissions) but I still prefer milk in my tea (delivered in glass bottles by our local dairy). I was found to be low in vitamin B12 although my wife was fine with the same diet. You have to be careful if you reduce your meat and dairy consumption. I now take a supplement.

Food waste is also an important factor – I think I've always been pretty good at not wasting food, a trait inherited from my mother who grew up in the 1930s. Now I just Google everything left in the fridge and find a new recipe – serendipity has thrown up some nice dishes. Also, the waste has to go into the council collection or a compost heap. In the general waste landfill, it will decompose without air (Anaerobic) leading to the formation of methane.

Of course, the best thing is to grow your own – my fingers are not green, so I manage only some tomatoes. The apples and brambles do well on their own. Respect to all you allotment owners.

I can't not mention drink. Transport is the major factor for wine – it can be better (emissions wise) for a New Yorker to buy French Bordeaux (shipped by boat) than Californian wine (shipped by lorry). In MSA we all have to drink wine from Langhams and Badger beer! We now make our own sparkling water with only a fifth of the carbon footprint compared to bottles.

I'm not sure that I have changed my eating habits so much (mainly less meat and dairy) but I have become more aware of how these everyday actions have an effect on the planet.

Next month - Stuff

Andy Mott

A circular walk from Milborne

“Hands up if you fancy a glass of wine? Hmm, that's quite a lot of you! Let's get out there, a nice 6-mile circular walk should blow the cobwebs away. We won't stop off for a tippie today as it has only just gone 7.00 am; the sun is far from aligned over the yard arm! If we were to leave at say 10.30, or just after Ken Bruce's *Popmaster*, we could enjoy a glass of something nice at around the time that only mad dogs and Englishmen normally venture out.

Lockdown restrictions have been eased and the plaster cast that encased my left arm has long been cremated in the incinerator at DCH. No one signed it during the six weeks it supported my wrist; at school other kids with broken limbs sported casts daubed in signatures, smiley faces and games of improvised games of noughts and crosses. Setting off with a low sun behind me, I ascend the Dewlish road passing the old quarry to my right before edging past the pleasant leafy triangular quadrant where the path back to Coles Lane branches off. The road levels out now and I am beginning to skirt the eastern extremity of Milborne Wood. Here be dragons. Well, wild boar at least. Last summer my

Continued on Page 37



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partner Kate and I happened upon such a beast one August afternoon. I'm no David Attenborough, we didn't actually spot the wild porker but the grunting noises and the tramping of ancient undergrowth led us to surmise that this elusive beast was prowling the woodland; we made our excuses and left.

Anyway, back to this glass of wine. Descending downhill just before the left-right kink in the Dewlish road, climb into wood via the signposted footpath. Be careful not to get footpath happy and pre-enter by one of the other signed paths. Think last kink before Dewlish. You could adopt a musical mantra to see you right by humming The Monkees' *Last train to Clarksville*, substituting the word 'train' with 'kink' and Dewlish with Clarksville. This is proper English woodland, evidence of animal runs criss-cross the firm well trodden path. Spring / Autumn Watch eat your heart out; Packham, Strachan and that big Welsh bloke - take note.

Just as you are getting used to pretending to be Robin Hood, Friar Tuck or Maid Marion you snap out of your Lincoln Green dream and break cover. The green canopy of high summer is replaced by big horizons and vast skies. Marlboro' country. Head straight on, the path becomes indistinguishable as you lose the line of trees to the right. I found by following a rutted straight furrow which has grass of different lengths either sides took me across the field. On the day of my walk the grass was longer on the other side, but not always greener. Where the path meets a T junction, head right downhill keeping the hedge on your left hand (broken arm side). Sorry if I keep going on about going left, but turn left again along a narrow tree lined path before a wooden way marker directs you onwards towards the Langham Wine Estate, the salient point of this walk. After a few minutes you will find yourself traversing open ground. Your progress will be halted at a stile embedded in a hedge. Turn right here onto a made up road which peaks at Langham's.

At this juncture, with normal pre-Covid service resumed and the sun over the yard arm, you could peel off for a quick snifter, maybe 'one for the path' before blazing a trail back to Milborne. I wend my way onwards downhill, the narrow road slaloming this way and that before levelling out at Devil's Brook. OL25 suggests that an aqueduct carries the lane over the brook and I am disappointed to find myself traversing a small conspicuous bridge, as opposed to an impressive Romano feature that my early morning mind had imagined. A herd of tail swishing cows graze the lush meadow land reminding me of an incident that happened at work years ago. Bob (his name has been changed), had remarked, "there's a flock of cows on the road at Owermoigne." "Herd of cows." I replied. "Of course I've heard of cows" retorted Bob, "there's a flock of them on the road at Owermoigne".

I digress: on with the walk. The last short easy going section of the single track road leads me through green and pleasant land to a point where I join the road that heads north from Puddletown to Dewlish, Melcombe Bingham and Ansty. Here, the dense summer hedgerows that frame the tarmac are thick with ripening fruit and chattering birds. A school bus - empty bar the face masked driver - lozenges hastily towards me, momentarily drowning out the birdsong and kicking up the roadside dust and detritus. Silence descends and through the

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trees to my right I catch glimpses of Dewlish House which nestles in parkland beneath the steep rise of Park Hill.

During this lockdown period I have hot footed my way along this road in various stages from Melcombe Bingham down to the A35 at Puddletown. It offers some great views: rural England at its best. The air is fresh and the traffic is, at best, sporadic. The road acts as an artery for many other footpaths that are well worth checking out. I have intersected this narrow lane on my way to Cheslebourne via three different routes, even once ending up in Piddlethrethide where my right trainer required nursing home when the sole and the upper decided to go their separate ways. Necessity being the mother of invention, I carried out a Heath Robinson repair using a length of orange bailer twine that I found lying in a field.

Meanwhile, back in Dewlish I leave the road to take a short cut through the fields to rejoin the road home. A gap in the hedge, a clamber over the stile, I head across the field to the corner of the churchyard, over another stile before dropping down to the foot of the hill. A low wooden bridge has been constructed here to carry the path in winter over Devil's Brook. Today the valley is bone dry and it looks very much out of place. I obediently cross the bridge anyway. I would imagine that if you get stuck down here in sodden December you may have to call the RNLI for assistance. The steep, uphill slog through the trees to the Milborne Road leaves my legs and lungs burning. If you get stuck climbing up this incline call the mountain rescue team for assistance. It's tarmac all the way home now, just a case of following my nose. As I push open the garden gate I look skywards. The sun is now over the yardarm. Indoors, I throw my OL25 map down on the dining room table and pour myself a glass of wine.

Rich Hawker

Tolpuddle Coffee Mornings

Calling all villagers!!

We are now holding the Tuesday coffee morning in the village hall at 11 am. We bring our own drinks and cups as the kitchen is closed. If the weather is fine we can sit outside otherwise we sit inside social distancing from each other. Come and join us if you are feeling bored with the lockdown and feel like a chat.

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Time to say goodbye to our swallows!

In September, as the days get cooler and shorter, the swallows and house martins start to gather. It's a sight that always makes me feel a little melancholic, as I realise another summer is coming to an end. They can often be seen flying in the evenings, feeding on insects in huge mixed groups, putting on some fat reserves in preparation for migration. We see them take over the telegraph wires, where they chatter and preen their feathers as they wait for a suitable wind to help them start their incredible 6000-mile journey to winter in South Africa. Last September I watched as they gathered in huge numbers at the Martyrs' Museum in Tolpuddle.



Making sure their feathers are in good condition ready for migration.

According to the RSPB, British swallows travel through western France, across the Pyrenees, down eastern Spain into Morocco and either across the Sahara, or they follow the west coast of Africa avoiding the Sahara. They migrate at low altitudes, covering 200 miles at day, mainly during daylight, at speeds of 17-22 mph and find food on the way. Migration is a hazardous time for them and many birds die from starvation, exhaustion and storms.

Amazingly though, many swallows and house martins do survive this epic migration and will make the journey back to our villages in the spring, many even returning to the same nest!

Sally Cooke



Gathering at the Martyrs' Museum last September.



Telegraph wires make a good gathering point.

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Milborne St Andrews Church News

It has been so very nice now that we can get back to regular Sunday worship. Thanks to all who have helped in making our building safe and ensuring social distancing is adhered to.

For many of our congregation the last few months have been a challenge, especially those who were shielding, those who live alone or unable to visit family and friends. Some will probably still be hesitant about getting out, wearing masks and adhering to government guidelines. We hope that they will feel comfortable about coming to church and joining in the adapted services.

Our Events Committee were unable to run some of the social and fundraising events that were planned, including the Cream Teas, Fair Trade talk and the curry evening. However, they are meeting again, socially distanced in one garden, to plan events which will be possible

The plan is to hold a mini market on Bank Holiday Monday on the field next to our village hall, to have a 'take-away curry' night and run a Christmas Fair in December. If the guidelines will not allow our Christmas Fair to be held indoors, we will hold it outside.

Some of the committee have been making face masks which have proved to be a good fundraising activity. We were lucky enough to be allowed to display them outside our shop and leave an 'honesty box' for recommended donations. As I write this, we have raised over £650 and they are still selling. For some of us it has proved to be a good project when we can't do the things that we would have before lockdown.

We at St Andrew's church, look forward to seeing people across the benefice.

Pam Shults

St Andrew's Churchwarden

A grain of sand at a time

This autumn, do you feel overwhelmed with all the things that you need to get done? Then think of your life as an hourglass. There are thousands of grains of sand in the top of the hourglass; and they all pass slowly and evenly through the narrow neck in the middle.

We are like that hourglass. When we start in the morning, there are hundreds of tasks which we feel that we must accomplish that day. But if we do not take them one at a time and let them pass through the day slowly and evenly, as do the grains of sand passing through the narrow neck of the hourglass, then we are bound to break our own fragile physical and mental structure. Do not attempt more than God designed you to do.

Courtesy of Parish Pump



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'I do like to be beside the seaside!'

For centuries, many doctors have sent patients to the seaside to recuperate, believing that a bit of seaside air was good for them. Now the government agrees: a day by the coast does indeed have a therapeutic effect on you.

A recent study by the Department for Environment, Food and Rural Affairs has found that people who spend time by the sea reported increased happiness and better general health. They were also more physically active during their visit, compared with visits to other types of environment.



Rebecca Pow, Parliamentary Under-Secretary of State at the Department for Environment, said spending time by the sea “has a welcome impact on our wellbeing. This makes it all that more important that we take care of our environment.” In England, we make 271million recreational visits to the sea each year, and more than 22million of us live within five miles of the coast.

Courtesy of Parish Pump

Louis Pasteur – ‘father’ of microbiology

A tiny invisible thing that brings disease and death where have we heard that before?! But Louis Pasteur, who died 125 years ago this month, on 28th September 1895, was not interested in a virus from China, but in tiny living organisms that brought disease and death in other ways.

Pasteur made some outstanding breakthroughs. He discovered the principles of vaccination, and then created the first vaccines for anthrax and rabies. His medical discoveries provided support for the germ theory of disease and nullified the theory of spontaneous generation.

But Louis Pasteur is best known for his invention of the technique of treating milk and wine to stop bacterial contamination, a process that was named after him: pasteurisation. In doing so, he saved the French beer, wine and silk industries.

All in all, this gifted French biologist, microbiologist, and chemist well deserves his title as the ‘father of microbiology,’ and to be seen as one of the three main founders of bacteriology.

Courtesy of Parish Pump



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Go to our website www.carersupportdorset.co.uk to find more
information, advice and resources.

September's Wordsearch

The Church gives thanks for angels in September: the 29th is the feast day of Michael and All Angels. Since the days of Genesis, these messengers of God have been sent many times to intervene for the good in human affairs. Angels guarded the Garden of Eden, they led Lot away from Gomorrah, they helped Gideon, they stopped Balaam, they closed the mouths of lions for Daniel, and, most important, the archangel Gabriel was sent to tell Mary that she would mother the Messiah. Angels sat in the empty tomb of Jesus, and told of His Resurrection. Revelation is teaming with angels, sent on all sorts of missions by God in the last times. Today, many Christians in the world's hot spots report having had angels help them when in mortal danger.

There are 26 words from this text to find in the grid below.....





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WOULD YOU LIKE TO HELP OTHER FAMILIES IN WEST DORSET?



Home-Start West Dorset

Do you have parenting experience and 2-3 hours a week available to visit a local family in need? Home-Start West Dorset is looking for volunteers to offer practical and emotional support to families with children under five.

Families require help for many different reasons, including loneliness and isolation, multiple births, poor mental health, illness or disability, housing or financial stresses; or maybe they are just finding parenting a struggle. Covid 19 has also meant many families in Dorset have been finding life particularly hard for the last few months.

Home-Start West Dorset is a well-known local independent charity that has operated across West Dorset, Weymouth, Portland and Sherborne since 2009. All volunteers undertake a 26-hour training course, spread over multiple weeks, which gives them all skills and tools they'll need. Once matched with a suitable family, our volunteers continue to be fully supported, including a personal supervision every six weeks.

During this time of social distancing the charity has successfully moved its support to on line; still giving weekly support through phone and video call, texts and post. Kelly Rolfe, one of the charity's organisers says, "As lockdown guidelines have eased, many more families have been pushed towards a vulnerable status and we're getting increasing amounts of referrals. We are aiming to organise a new volunteer training course as soon as it is safe to do so, and are looking for women and men with parenting experience, aged 18 and over, to apply now so that we can get going again as soon as possible."

For more information or an application form please contact us on 01305 265072 or email office@homestartwestdorset.co.uk

Do you have holiday accommodation in Tolpuddle?

We are adding an additional page to the village website (www.tolpuddlevillage.co.uk) as this is a busy holiday area with little accommodation available.

It is hoped that this will bring more business to the local area and enable more holidaymakers to enjoy our beautiful countryside.

Please email Tolpuddlemeeting@yahoo.com if you have any comments or suggestions.

Julia Johnstone

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Services in the Benefice – September 2020

6th September – Trinity 13

9.30am	Parish Communion	Tolpuddle
9.30am	Celebrate.....	Milborne St Andrew
11.00am	Parish Communion	Puddletown
11.00am	1662 Morning Prayer	Dewlish

13th September – Trinity 14

8.15am	1662 Said Communion	Puddletown
9.30am	United Methodist Service	Tolpuddle
9.30am	Parish Communion	Milborne St Andrew
11.00am	Puddletown Praise	Puddletown Church
11.00am	Parish Communion	Dewlish

20th September – Trinity 15

9.30am	Parish Communion	Tolpuddle
9.30am	1662 Morning Prayer	Milborne St Andrew
11.00am	Parish Communion	Puddletown
11.00am	Family Service	Dewlish

27th September – Trinity 16

9.30am	Go Fourth	Tolpuddle
9.30am	Parish Communion	Milborne St Andrew
11.00am	1662 Morning Prayer	Puddletown
11.00am	Parish Communion	Dewlish

PRIVATE PRAYER

Puddletown, Tolpuddle and Dewlish churches are open for private prayer every Wednesday and Friday.

Milborne St Andrew is open every day.

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